

*Claims*

Claims one through five cancelled.

6. "Newly added" An hand exercising apparatus allowing full range of motion being completely a system of integrated parts comprising a tubular, hollowed, corrugated, elastic, tensioned spring material shaped in the form of a hand.
7. "Newly added" A method of purpose for providing the hand shaped spring tensioned apparatus to be inserted within a standard glove allowing multiple varied resistance levels for strengthening of the hand.
8. "Newly added" A method of construction where each digit elastic insertion has numerous degrees of flexibility depending on the diameter, circumference and thickness of each hollow, tubular formulation parts of the inner glove.
9. "Newly added" A method allowing a hand to easily slip into the spring tensioned, hollow, corrugated, duplicated hand shaped materials which offer a varying degree of resistance for every moving part of apparatus.
10. "Newly added" A method for allowing special variation apparatus models to be fitted with individual flexible, hollow, spring knuckle round sheaths built-in over and around each knuckle with the multiple variation tensions of fabric of the glove shaped apparatus resulting is allowance of less resistance or more resistance for user.